

Check out these online resources!

www.londonpubliclibrary.ca www.info.london.on.ca www.thehealthline.ca
www.mindyourmind.ca www.mentalhealth4kids.ca www.london.ca/youth

Vision	→	CNIB – Canadian National Institute for the Blind	www.cnib.ca	Call: 519.685.8420
Hearing a) Assessments b) Supports	→	a) Local Community Audiologist		
		b) The Canadian Hearing Society	www.chs.ca	Call: 519.667.3325
Dental	→	Dental Services - Middlesex-London Health Unit	www.healthunit.com	Call: 519.663.5317
Eating Nutrition	→	Canada's Food Guide – Health Canada	www.hc-sc.gc.ca	
		Health Connection – Middlesex-London Health Unit	www.healthunit.com	Call: 519.850.2280
		Eating Disorders Child & Adolescent Mental Health Care Children's Hospital – London Health Sciences Centre	www.lhsc.on.ca	Call: 519.667.6640
Motor Skills Sensory	→	Contact Your Child's School		
Language		TVDSB	http://www.tvdsb.ca/	Call: 519.452.2000
Literacy	→	LDCSB	http://www.ldcsb.on.ca/	Call: 519.663.2088
Speech		CCAC – Community Care Access Centre	www.ccac-ont.ca	Call: 519.473.2222
Cognitive/ Learning/ Attention	→	TVCC – Thames Valley Children's Centre	www.tvcc.on.ca	Call: 519.685.8716
		Contact Your Child's School		
		Learning Disabilities Association	www.ldalondon.ca	Call: 519.438.6213
Parent-Child Relationship	→	Community Living London	www.cl.l.on.ca	Call: 519.686.3000
		MLHU – Middlesex-London Health Unit	www.healthunit.com	Call: 519.663.5317
		N'Amerind Friendship Centre	www.namerind.on.ca	Call: 519.672.0131
Behaviour	→	Merrymount Children's Centre	www.merrymount.on.ca	Call: 519.434.6848
		Addiction Services of Thames Valley	www.adstv.on.ca	Call: 519.673.3242
		Family Service Thames Valley	www.familyservicethamesvalley.ca	Call: 519.433.0183
Social	→	CSCN – Community Services Coordination Network	www.cscn.on.ca	Call: 519.438.4783
Emotional	→	C-IT Crisis Intake Team (24 hour crisis line and access to 'service en francais')		Call: 519.433.0334
Trauma		Vanier Children's Services	www.vanier.com	
		Western Area Youth Services (WAYS) Craigwood Youth Services	www.ways.on.ca www.craigwood.on.ca	
Family Stressors	→	Child & Adolescent Mental Health Care Program Children's Hospital – LHSC	www.lhsc.on.ca	Call: 519.667.6640
		CPRI – Child & Parent Resource Institute	www.cpri.ca	Call: 519.858.2774
Sexual Health	→	MLHU – Middlesex-London Health Unit	www.healthunit.com	Call: 519.663.5317
		CAS - Children's Aid Society	www.caslondon.on.ca	Call: 519.455.9000
Abuse Neglect	→	Sexual Assault Centre	www.sacl.ca	Call: 519.439.0844
		London Police Family Consultant / Victim Services	www.police.london.ca	Call: 519.661.5636
		N'Amerind Friendship Centre	www.namerind.on.ca	Call: 519.672.0131

--- If an emergency, please contact your local Emergency Department or Urgent Care centre ---