

# Resources for Youth

FOR INFORMATION ON SPECIFIC SERVICES PLEASE CONTACT THE AGENCY



Check out these websites for even more information!

[www.info.london.on.ca](http://www.info.london.on.ca)    [www.london.ca/youth](http://www.london.ca/youth)    [www.thehealthline.ca](http://www.thehealthline.ca)

[www.mindyourmind.ca](http://www.mindyourmind.ca)    [www.inmotion4life.ca](http://www.inmotion4life.ca)    [www.londonpubliclibrary.ca/teens](http://www.londonpubliclibrary.ca/teens)

[www.mentalhealth4kids.ca](http://www.mentalhealth4kids.ca)    [www.newyouth.ca](http://www.newyouth.ca)

Recreation	City of London Recreation Customer Services	<a href="http://www.london.ca/spectrum">www.london.ca/spectrum</a>	Call: 519.661.5575
	YMCA of Western Ontario	<a href="http://www.ymcawo.ca">www.ymcawo.ca</a>	Call: 519.667.3306
	Boys and Girls Club of London	<a href="http://www.bgclondon.ca">www.bgclondon.ca</a>	Call: 519.434.9114
Employment & Skills Training	Youth Opportunities Unlimited	<a href="http://www.you.on.ca">www.you.on.ca</a>	Call: 519.432.1112
	Fanshawe College - Job Connect	<a href="http://fcsw.fanshawec.ca/jobconnect">fcsw.fanshawec.ca/jobconnect</a>	Call: 519.432.0202
Crisis	Links to Work - Online Employment Services	<a href="http://www.links2work.on.ca">www.links2work.on.ca</a>	
	Mental Health Crisis Line		
Mental Health Service	C-IT Crisis Intake Team (24 hour crisis line and access to 'service en francais')		Call: 519.433.0334
	Vanier Children's Services	<a href="http://www.vanier.com">www.vanier.com</a>	
Addiction Services	Western Area Youth Services (WAYS)	<a href="http://www.ways.on.ca">www.ways.on.ca</a>	
	Craigwood Youth Services	<a href="http://www.craigwood.on.ca">www.craigwood.on.ca</a>	
Motor Skills/Sensory	London Mental Health Crisis Line		Call: 519.433.2023
	Mental Health Service Information Line	<a href="http://www.mhsio.on.ca">www.mhsio.on.ca</a>	Call: 1.866.531.2600
Cognitive/Learning	Child & Adolescent Mental Health Care Children's Hospital - London Health Sciences Centre	<a href="http://www.lhsc.on.ca">www.lhsc.on.ca</a>	Call: 519.667.6640
	Literacy		
Sexual Health	Family Service Thames Valley	<a href="http://www.familyserVICETHAMESVALLEY.ca">www.familyserVICETHAMESVALLEY.ca</a>	Call: 519.433.0183
	Young Parent Supports		
Criminal Justice	Addiction Services of Thames Valley	<a href="http://www.adstv.on.ca">www.adstv.on.ca</a>	Call: 519.673.3242
	Lesbian, Gay, Bi-Sexual, Trans, Two-Spirited, Queer, Questioning		
French Services	Thames Valley Children's Centre	<a href="http://www.tvcc.on.ca">www.tvcc.on.ca</a>	Call: 519.685.8716
	Newcomers		
First Nations	Community Living London	<a href="http://www.cll.on.ca">www.cll.on.ca</a>	Call 519.686.3000
	Income Support		
Shelter	Literacy Link South Central	<a href="http://www.llsc.on.ca">www.llsc.on.ca</a>	Call: 519.681.7307
	Housing		
Food Bank	Middlesex-London Health Unit	<a href="http://www.healthunit.com">www.healthunit.com</a>	Call: 519.663.5317
	Homelessness/Addiction		
Violence	Merrymount Family Support and Crisis Centre	<a href="http://www.merrymount.on.ca">www.merrymount.on.ca</a>	Call: 519.434.6848
	Abuse		
Hate	Childreach	<a href="http://www.childreach.on.ca">www.childreach.on.ca</a>	Call: 519.434.3644
Hate Helpline	John Howard Society of London and District	<a href="http://www.jhslondon.on.ca">www.jhslondon.on.ca</a>	Call: 519.438.4168
Hate Helpline	St. Leonard's Community Services	<a href="http://www.slcs.ca">www.slcs.ca</a>	Call: 519.850.3777
Hate Helpline	AIDS Comm. of London (Open Closet Youth Group)	<a href="http://www.aidslondon.com">www.aidslondon.com</a>	Call: 519.434.1601
Hate Helpline	The Youth Line Peer Support Sunday-Friday 4:00-9:30	<a href="http://www.youthline.ca">www.youthline.ca</a>	Call: 1.800.268.9688
Hate Helpline	ACFO - Association Canadienne-Francais de l'Ontario	<a href="http://www.acfo-ls.org">www.acfo-ls.org</a>	Call: 519.675.3810
Hate Helpline	London Cross Cultural Learner Centre	<a href="http://www.lcclc.org">www.lcclc.org</a>	Call: 519.432.1133
Hate Helpline	Across Languages Interpretation Services	<a href="http://www.acrosslanguages.org">www.acrosslanguages.org</a>	Call: 519.642.7247
Hate Helpline	N'Amerind Friendship Centre	<a href="http://www.namerind.on.ca">www.namerind.on.ca</a>	Call: 519.672.0131
Hate Helpline	Ontario Works	<a href="http://www.london.ca">www.london.ca</a>	Call: 519.661.4520
Hate Helpline	Salvation Army Centre of Hope Emergency Shelter	<a href="http://www.centreofhope.ca">www.centreofhope.ca</a>	Call: 519.661.0343
Hate Helpline	London Housing Registry	<a href="http://www.londonhousingregistry.com">www.londonhousingregistry.com</a>	Call: 519.434.3344
Hate Helpline	London Housing Access Centre	<a href="http://www.housing.london.ca">www.housing.london.ca</a>	Call: 519.661.0861
Hate Helpline	London and Area Food Bank	<a href="http://web.ca/~londonfb/">web.ca/~londonfb/</a>	Call: 519.659.4045
Hate Helpline	London CAReS - 24 hr. phone line		Call 519.661.2273
Hate Helpline	CAS - Children's Aid Society London and Middlesex	<a href="http://www.caslondon.on.ca">www.caslondon.on.ca</a>	Call: 519.455.9000
Hate Helpline	Sexual Assault Centre London	<a href="http://www.sacl.ca">www.sacl.ca</a>	Call: 519.439.0844
Hate Helpline	London Police Family Consultant / Victim Services	<a href="http://www.police.london.ca">www.police.london.ca</a>	Call: 519.661.5636
Hate Helpline	Women's Community House	<a href="http://www.shelterlondon.org">www.shelterlondon.org</a>	Call: 519.642.3000
Hate Helpline	Hate Helpline		Call: 519.951.1584

**If an emergency, please contact your local Emergency Department or Urgent Care centre**